

2026 GOCC Champs Long

Results - M16 (4.9km, climb 50m)

1	(28)	Rhys Jones	RACO	0:47:23
2	(32)	Thomas Kendall	RACO	0:56:08
3	(1)	Lukas Babcock	RACO	0:59:55
4	(37)	Zac Manson	Adventur	1:14:38
5	(7)	Ryan Busschau	RACO	1:25:03

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Results - M21E (9.2km, climb 100m)

1	(20)	Brian Gardner	ROC	1:04:33
2	(40)	Nicholas Mulder	ROC	1:16:45
3	(2)	Tristan Babcock	RACO	1:28:04
4	(23)	James Hancock	RACO	1:39:48
5	(25)	Carl Holmes	RACO	2:11:37
6	(15)	Aidan de Koning	WITSOC	2:14:39

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Results - M60 (5.9km, climb 55m)

1	(44)	Piers Pirow	RACO	1:07:14
2	(56)	Gavin Venter	RACO	1:08:40
3	(55)	Jean-Paul Van Belle	PenOC	1:11:15
4	(34)	Richard Lund	RACO	1:26:22
5	(45)	Trevor Pope	ROC	1:47:53
6	(33)	Doug Kennaugh	RACO	1:59:10
	(3)	Roger Blane	RACO	MP

2026 GOCC Champs Long

Results - M70 (4.9km, climb 50m)

1	(12)	Pat De Klerk	RACO	0:58:27
2	(47)	Ken Robinson	ROC	1:06:16
3	(4)	Ian Bratt	ROC	1:07:31
4	(5)	Derek Brentano	RACO	1:12:27
5	(50)	Steve Spottiswoode	ROC	1:12:44

2026 GOCC Champs Long

Results - W35 (6.3km, climb 65m)

1	(60)	Tania Wimberley	RACO	1:08:05
2	(6)	Claudette Busschau	RACO	1:41:42
3	(14)	Tessa de Klerk	ROC	1:54:03
4	(42)	Stephanie Mulder	ROC	2:24:18

2026 GOCC Champs Long

Results - M40 (7.7km, climb 75m)

1	(46)	Alex Puntigam	RACO	1:02:45
2	(8)	Gary de Klerk	RACO	1:21:21
3	(26)	Evan Howell	RACO	1:45:45
4	(30)	Keith Kendall	RACO	2:03:40

2026 GOCC Champs Long

Results - M50 (6.3km, climb 65m)

1	(9)	Glynn de Klerk	RACO	1:11:35
2	(58)	Paul Wimberley	RACO	1:12:51
3	(38)	David Mercer	ROC	1:16:48
4	(17)	Charles Dos Santos	RACO	1:41:51
5	(24)	Paul Hancock	RACO	2:02:30

2026 GOCC Champs Long

Results - W65 (4.9km, climb 50m)

1	(10)	Joan De Klerk	RACO	1:16:45
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2026 GOCC Champs Long

Results - W20 (6.3km, climb 65m)

1	(13)	Piper de Klerk	RACO	1:52:00
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2026 GOCC Champs Long

Results - W45 (4.9km, climb 50m)

1	(19)	Mia Carma Foxcroft	RACO	1:04:23
2	(16)	Barbara de Leeuw-Morrison	RACO	1:56:02
3	(31)	Monica Kendall	RACO	2:16:14

2026 GOCC Champs Long

Results - M80 (4.9km, climb 50m)

1	(18)	Albert Epprecht	RACO	1:18:55
2	(52)	Glen Terry	ROC	1:50:52

2026 GOCC Champs Long

Results - W12 (2.4km, climb 20m)

1	(21)	Timea Gardner	ROC	0:32:16
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2026 GOCC Champs Long

Results - W21A (5.9km, climb 55m)

1	(22)	Emily Hancock	PenOC	2:06:52
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2026 GOCC Champs Long

Results - W21E (7.7km, climb 75m)

1	(59)	Sarah Wimberley	RACO	1:07:56
2	(27)	Pat Howell	RACO	2:08:31

2026 GOCC Champs Long

Results - M20 (6.3km, climb 65m)

1	(36)	Daniel Manson	RACO	1:57:44
2	(29)	James Kendall	RACO	2:10:12
	(43)	Prosper Nyangulu	ROC	DNF

2026 GOCC Champs Long

Results - Open Short (2.4km, climb 20m)

1	(35)	Tshepo Mabusela	ROC	0:23:21
2	(54)	Marita Turpin	N/A	0:26:02

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Results - W75 (2.4km, climb 20m)

1	(49)	Karin Spottiswoode	ROC	0:29:30
2	(39)	Liz Mulder	ROC	0:31:34
3	(53)	Sheila Terry	ROC	0:34:01

2026 GOCC Champs Long

Results - Open Long (6.7km, climb 70m)

1	(48)	Isabel Roux	N/A	0:58:30
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2026 GOCC Champs Long

Results - M21A (6.3km, climb 65m)

1	(57)	Lost and hopefully Found (GR	RACO	2:19:07
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